



April 2009 Issue

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Upcoming Corporate Training Programs



18th to 19th May 2009



25th to 26th May 2009

Quotes of Excellence

Remember, if you're headed in the wrong direction, God allows U-turns!

~Allison Gappa Bottke

Pick battles big enough to matter, small enough to win.

~Jonathan Kozel.



Foreword by the AKLTG Corporate Team

Dear Reader,

Have you ever ignored "that" nagging feeling at the back of your head, hoping that it will go away? Only for the problem to "explode" in your face?

There is a wise saying "Nip the problem in the bud" before it gets totally out of hand. How true yet sometimes, the toughest to accomplish when so many things in our lives scream for our attention.

And in this month's article, our Chief Master Trainer Adam Khoo shares with us an insight and how **"Problems Are God's Way Of Tapping You On the Shoulder"**

How would you deal with your problem? Ignore it until it hopefully goes away or "Nip the problem in the bud"

Yours Sincerely,
The AKLTG Corporate Team
April 2009

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Feature Article

Problems

Are God's Way Of Tapping You On the Shoulder

By Adam Khoo

I want to relate to you an interesting experience I had with one of the participants who signed up last night.

He told me that the reason he chose to sign up eventually (he heard about my program 3 years ago, but never took action) was because his problems has become so severe that he could not take it anymore. His wife decided to leave him, he lost his job and suffered a mild heart attack just a few days ago. All this pain finally drove him to do something to change his life.

He told me that he wanted to come to the program to learn how to make all his problems go away. he said he wanted to be a successful and happy person like me who seemed to have no problems. He will only be happy if his life was free of problems and he believed that I could help him achieve this.

That's when I stopped him and said, ' You have got the WHOLE WRONG IDEA! ' I cannot make your problems go away!' In fact, I

Enjoy when you can, and endure when you must.

~*Johann Wolfgang von Goethe*

The difference between ordinary and extraordinary is that little extra. ~ *Jimmy Johnson*

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Testimonial of the Month

Ramesh had managed to widen my scope of personal and working life. It allows me to deepen my thoughts on what I want in future. Most importantly, he is very encouraging and motivating. Great Job!

Chan Mun Yee

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believe that the more successful you are, the more problems you will have. Everyone has problems at any given point of time in their lives. In fact, I would bet that Bill Gates (the world's richest man) has his own set of problems and I can tell you that his problems are a lot bigger than yours and mine.

The only people without problems are those lying in the graveyard. So, if you want to have no problems, then GO AND DIE (of course I did not say this...he would have slapped me and not signed up).

But the question people always ask is why must life be full of problems? Why can't everything go the way we want? Why must things be so difficult? Why do some people get hit with such big problems in life sometimes? (e.g. kids run away, wife leaves them, diagnosed with cancer, business failure).

Well, I believe that whenever a 'problem' arises in our life, it is God's way of tapping us on the shoulder and telling us that we need to learn something or change our thoughts or actions.

If we keeping falling ill, it's a tap on the shoulder that we are not eating right, not exercising enough or thinking of negative thoughts (emotional stress is the number of cause of physical illness). If our kids don't want to listen to us, it's a tap on a shoulder that we are not listening or spending enough time with them.

If you receive complaints about your work, it is a tap on the shoulder that you are not putting enough effort or you are doing things the wrong way. If you keep getting into arguments with your partner, it is a tap on the shoulder that you doing what is required to sustain a good relationship.

When we acknowledge God's taps, learn the lesson and take positive action, we will move closer towards our goals and dreams in life. The trouble with most people is that they IGNORE the taps by justifying, avoiding, denying, giving excuses or blaming someone else for the problems arising. They say things like 'The stupid boss is just finding fault!', 'the clients are just unreasonable', 'my kids are so ungrateful and defiant', 'these chest pains will go away', 'I wish my wife will quit nagging...just ignore her'.

So, what does God do when you don't learn and do something to his taps? He starts tapping EVEN HARDER! This is when your problems start getting worst! Your business starts losing clients, the chest pains get worst, your kids start arguing and shouting back, quarrels with your partner gets more and more frequent.

And if you continue to IGNORE these taps, God will do whatever it takes until he gets his message across to you that you need to change your thoughts and actions. He will HIT YOU ON THE HEAD WITH A BRICK. This is when those major problems whack you in life... Your partner leaves you, your kids run away from home, you suffer a heart attack or you go bankrupt.

So, how do people choose to respond when they get hit with a brick? Some people will spend keep rubbing their head and complain of how much it hurts. These are the people who will just wallow in self-pity and depression. Some people will blame the person who threw the brick at them. These are the blamers in life.

Some people will reflect and ask, 'what must I learn from this?' 'What is God trying to tell me?'. By asking this question and reflecting, they will finally get the message and start changing their life for the better. So, how are YOU dealing with God's shoulder taps now???

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Adam Khoo Learning Technologies Group Pte Ltd is the biggest public training company in Singapore today, with more than 200,000 people from all walks of life having attended and benefited from our many diverse programs. You can find out even more about us at

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